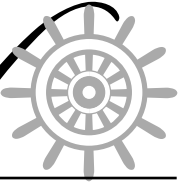


The Ship's Wheel



Volume 15 • Issue 6

November 2009



The Captain's Report

Well, we complained about the heat long enough that it finally stopped - it looks like fall is finally here. For most of us this is the perfect cruising weather, so now is the time to get out in the boats.

Speaking of cruising, by the time you read this the Power Fleet will be back from the Jekyll Island cruise. A special thanks to Peter and Pam Fleming and Nathan and Linda Franzblau for their great cruise. Look for pictures in the December Ship's Wheel along with an article!

We have our last cruise of the year in November for the St. Augustine Nights of Lights. Please plan on bringing your checkbook to the next meeting to pay your cruise fee and to sign up if you are cruising by land. Ginny and Denny Lafer and Lew and Trish Walker are your Cruisemasters and they have planned a fabulous event

with 20 boats (a recent record) planning to attend. Please help them by signing up and paying the cruise fee. The fee is \$50 per person and pays for two dinners. Call Ginny or Denny Lafer at 880-5409 if you want to come by boat and have not reserved your slip.

It is with a heavy heart that I received the Email from Louise Grange that her longtime friend, Martha Pierce, passed away. Many of you know her and what a great hostess she was to the Fleet. Our cruises to her home at Lake George were memorable and she opened her home to us many times. We will remember her with flowers. Our thoughts and prayers are with Louise and Gifford Grange and Martha's family.

The November meeting agenda includes a planning/idea generation session con-

ducted by our incoming Captain, Dave Burrows. Many of you know what a great job Dave does at this kind of session, so please plan on joining us in the lounge on November 5th. Bring your good ideas for activities next year.

Some of you have been bold enough to question my choice of jokes. As a result, at our next meeting, there will be an opportunity for those jokesters, so inclined, to present their best one joke to the assembled membership. They will decide which one is the funniest and Lynda tells me there will be a prize involved in addition to bragging rights.

See you at the meeting November 5. Get out and enjoy the water!

From the Helm,
Captain Dick Smith



Words from the Boathouse

By Captain Steve Nichols, HarborMaster

Once again, for the third year in a row the hurricane season has been a non-event so far, and with the passing of October, we are on the down side of the season. As we have often stated, it only takes one storm hitting us hard to be a bad year, but at this point conditions are not favorable for development. We

are thankful but shall continue to monitor the conditions in the Atlantic and the Gulf to be safe.

Speaking of storms, I have reviewed the storm events of the past 4 summers that I have witnessed at EFYC. The significant fact

I observed is that a strong storm may occur at any time of the year. The really bad storms (hurricanes) develop between June and November with the peak of activity being the 90 days from mid August to late October, but few of those storms actually strike our area.

Continued on page 2

Words from the Boathouse

Continued from front page

We are much more likely to experience strong thunderstorms that develop very quickly, especially in March through May. One example of many is the April 14, 2009 unforecasted storm that struck the marina suddenly on a Tuesday morning. While officially recorded wind velocities at EFYC are not available, many that observed the event estimated sustained at 50-60 mph with gusts up to and exceeding 100 mph. Boats and docks were damaged in that storm.

The significant lesson learned is: There is never a period in the year that boats should not be storm ready. Unexpected storms such as the one mentioned above occur so suddenly that even if one is nearby, there is not sufficient time to get to the boat and secure it. Storm ready does not mean complete hurricane preparation, but it does mean good lines, doubled with the vessel tied away from the docks and adequate fendering.

Regarding damaged docks; the club hired Worth Contracting to repair storm damage and conduct routine maintenance. Crews have been in the marina over the past 45 days. All docks have been adjusted and tightened. A Dock at slips A01 and A02 has had major repairs as has 25% of B Dock

at the Boathouse end. The docks are again in excellent condition and structurally sound.



The "Green Monster" or bluegreen alga bloom is diminishing with the shorter daylight hours and cooling water. A west wind still drives a visible layer into the marina, but the problems are not as apparent as in the hot months. I fear we will deal with this annoying condition in the foreseeable future as it will be years until the nutrient loading in the St. Johns River is reduced.

Marina related activities are numerous. After school junior sailing is in full swing

Tuesday and Wednesday afternoons. November 7 is the Kings Day sailing regatta hosted by EFYC. The Boaters in the Forest event is Sunday, November, 15th. Everyone is welcome to enjoy a great brunch in the mansion then come down and share the boating experience on all types of vessels; power, sail and paddle. Look for details on the event. The end of the month is the annual Power Fleet Night of Lights Cruise to St. Augustine and several of the Sail Fleet have signed up to participate. Special thanks to the Waterfront Activities Committee and Chairman Rich Brew for putting together the programs. It is nice to have members enjoying marina related events.

Sunday night cookouts will be suspended beginning in November with the end of Daylight Savings Time and shall resume in March when Daylight Savings Time returns. Winter Marina office hours are Tuesday - Saturday: 9 A. M. to 5:00 P.M., Sunday: 10 A. M. to 5:00 P.M. and CLOSED on Mondays.

See you on the docks,
Steve

October Power Fleet Minutes

By Steve Coates

Captain Smith rang the bell and announced that there were no guests this evening. After a couple of jokes he proceeded to call on Treasurer Wells who had to ask the membership how much money was in the bank!

Steve Nichols had a more substantive report as we're accustomed to on the state of the Marina. The trend continues with available slips so tell your friends or buy another boat. The algae bloom is fading and expected to be totally gone in weeks if not already. Work on the docks is well underway with modest inconvenience to boat owners. Steve indicated that interruptions in water and electric

should be minimal but will be communicated through phone and e-mail. Of course there was the important reminder that hurricane season is not over but that we have passed the historical peak of activity. Lastly, the Marina expansion continues to be stalled due to politics.

Past Commodore Grey reported on the Waterways Commission activities and the current focus on the preservation of the working waterfront areas along the river, with particular attention being Mayport.

We then turned to the cruise reports for Jykell Island and the St. Augustine

events. Noteworthy is the excellent participation for both cruises.

Captain Smith reported that Dave Burrows would be the program next month and will want to have feedback on what this crew will want over the coming year under his command.

The more serious portion of the meeting was Robbie Smith providing the group with the particulars of their daunting challenges today at Safe Harbor Boys Home. Robbie spoke softly and passionately about the impact of the economy on their mission and the corrective actions

Continued on page 3

October Power Fleet Minutes

Continued from page 2

and personal sacrifices that she and Doug are making to see this through. A "wish list" was left for those of us that would like to and are in a position to assist with "in kind" donations. Of course funds are always welcome. Dick

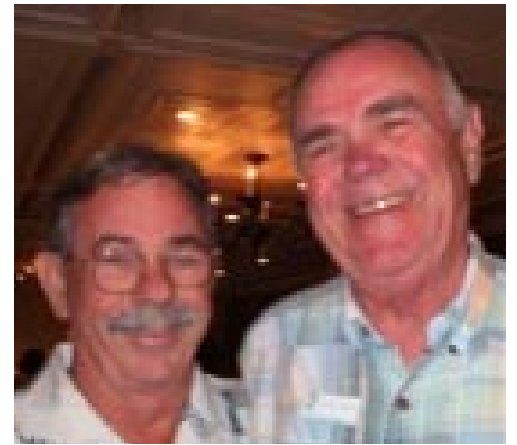
and Lynda Smith set an example by presenting a gift certificate from BJ's to Robbie.

Following a joke, the birthdays were acknowledged: Curt Benson; Ted Flood,

Logan Johnson, Jay Mederos, and Barbara Reed. None of those older folks were in attendance but we sang anyway.

The meeting was adjourned and many enjoyed the buffet.

Candid Shots of the Camaraderie During the October Meeting



POWER FLEET BUSINESS

Next Meeting November 5, 2009
IN THE LOUNGE

5:00 p.m. Social
6:00 p.m. Meeting
7:00 p.m. Dinner

Menu:

Power Fleet Dinner Buffet

SOUP

Chicken Soup with Butter Nut,
Parsnips and Celery

SALADS

Tossed Caesar with Croutons and Grated Cheese
Marinated Butternut Squash Salad with walnut salad
Swiss cheese, Apples, Cucumbers, Red Bell
Peppers Julienne style w/Grape seed oil and sun-
dried Red Courant
Oven roasted Grape Tomatoes with Boconcini
Mozzarella and Fresh sliced Basil

ENTRÉE

Braised Beef A la Mode
Grilled Chicken Scaloppini Topped with
Portuguese Sauce
Garlic Mash Potatoes
Sugar Snap Pea and Sliced Gold Beets with
Onion Sauce.

DESERT

Birthday Cake, by Bakeshop

Power Fleet Meeting

2009 Meeting Dates:
NOVEMBER 5,
December 3

Power Fleet Meeting
November 5, 2009

Agenda

Recognize Visitors & Guests

Dave Burrows

Treasure's Report

John Wells

Marina Activities Report

Steve Nichols

Waterways Report

Ed Grey

New Business

Dick Smith

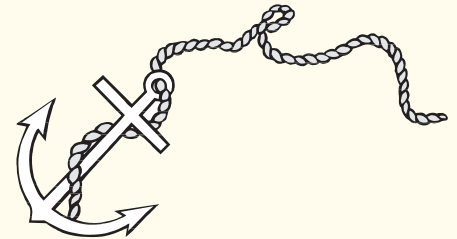
Power Fleet On The Horizon

2009 Scheduled Cruises

Night of Lights Cruise/
St. Augustine

November 20-22

Cruise Masters/ Lafer & Walker



EFYC Power Fleet

Slate of Officers 2009

Officers

Captain

Dick Smith

Asst. Power Fleet Capt.

Dave Burrows

Secretary

Steve and Debbie Coates

Treasurer

John Wells

Contributing Members

Ship's Wheel Editor

Logan and Gail Johnson

Gourmet Galley

Jimmie Lee Burrows

Photographer

Peter Fleming • Linda Keith

Advisory Committee

Ed Grey

Past Commodore and Power Fleet Captain

Nick Simonis

Past Power Fleet Captain 2008

Bruce Homeyer

Past Power Fleet Captain 2007

James Nicholson

Past Power Fleet Captain 2006

Red Keith

Member At Large

Dick Smith

Power Fleet Captain 2009

Dave Burrows

Asst. Power Fleet Captain 2009

Power Fleet 2009 Schedule

NOVEMBER

5 Power Fleet Meeting
20-22 Night of Lights Cruise
St. Augustine

DECEMBER

3 Power Fleet Meeting
6 Lighting of the Marina
31 New Years Eve Party

The Gourmet Galley

By Jimmie Lee Burrows

Coconut Macadamia Nut Pie

1 homemade or refrigerated ready to roll piecrust
1 can (15 ounces) cream of coconut
2 boxes (3 ounces each) cook-and-serve vanilla pudding mix
1 3/4 cups milk
1 jar (4 ounces) macadamia nuts coarsely chopped
1 3/4 cups heavy cream
2/3 cup shredded coconut, toasted

"This is one of the best, if not the best, pie I have ever eaten."



Heat oven to 450 degrees. Place piecrust in 9 inch pie plate and crimp edges. Bake about 10 minutes or until golden brown. Cool completely.

Reserve 3 tablespoons cream of coconut. In a medium sauce pan, mix remaining cream of coconut, pudding mix and milk. Cook over medium heat, stirring constantly until mixture comes to a boil and is very thick, about 18 minutes. Take off heat and stir in half of the nuts. Pour into the cooled piecrust and refrigerate 2 hours.

Whip cream and reserved cream of coconut to stiff peaks. Spread over top of pie. Top with remaining nuts and toasted coconut. Refrigerate at least 3 hours or overnight.

Note: you might want to prepare the piecrust for baking by pricking crust with a fork.

MEET the FLEET

“GOOBER’S RETREAT”

By Red and Linda Keith

The name Goober’s began back in Texas one night when the older grandchildren were sitting in front of our TV in their chairs watching TV. Red started singing Three Little Goober’s sitting in a row. So from then on he would tease them and call them Goober 1, 2 or 3. When the younger kids came along they became Goober #4 and 5.

When we moved to Florida we knew we wanted to find a house on the water and buy a boat. After buying our home on the St. John’s River we then started our quest to find our first boat. We finally decided that the Carver 444 was the boat for us. Then we had to find a name for the boat. We hoped the boat would be a place where everyone would come to have fun and spend family time. We then came up with the idea of naming it after the Five Goober’s in the family. So the name of our boat became Goober’s Retreat 1. We don’t get to go boating any more but Goober’s Retreat 1 is at Epping Forest Marina waiting for the Goober’s to come for a visit.



See all of you around the docks,
Red & Linda



Remember Our VETERANS on November 11th



“Forget the rest of the great loop... I’m flying home!” (The aforementioned was not a direct quote from Jay Mederos)

Jay, get back on the boat...you can’t take off inside of the Naval Aviation Museum in Pensacola